

# UTRGV-EHS-CCP Program

## Toddlers: Remote Teaching Instructional Guide

**Week of:** Dec. 7 to Dec. 11, 2020

**Classroom Teachers and Room Number:**

**Director or Center Manager Approval:**

**Parent Acknowledgement:**

**Date:**

**Date:**

**Learning Outcomes:** This week children will be learning about people with helpful hands. These are people who come to our homes to provide a service: mail carriers, couriers (delivery persons) and trash collectors.

**Learning Goals:** (B.3.f.) Develops the inclination and ability to communicate, pay attention, and respond appropriately to others. (B.3.e.) Begins to learn and internalize rules, routines, and directions (B.3.a.). Shows ability to cope with stress.

<u>Mental Health:</u>	<u>Unite</u>	<u>Calm</u>	<u>Connect</u>	<u>Commit</u>
Dr. Bailey's Conscience Discipline Strategies	Morning Song:  <a href="#">Hello Friend</a> Dr. Jean Feldman	Explain that stress is like trash. Demonstrate inhaling as you bend at the waist and pretend to pick up trash from the floor. Then exhale as you stand and throw your hands into the air releasing the "trash".	Decorate an envelope and put a letter inside. Sit in a circle and pass the envelope around repeating: I will pass this letter from me to you. With gentle hands I give; you take.	Remind the child they are in a safe place with family who loves them.

**Morning Message Sentences:** Ask the child to listen to the following sentences throughout the week. When you meet with your families and children, take the opportunity, and ask about people with helpful hands. Who collects the garbage from your house? This will open up the conversation to use the vocabulary for the week. Let parents / guardians know that these will be statements and words that you would like for them to use throughout the week to encourage language and conversations.

### 1. The mail carrier delivers letters.



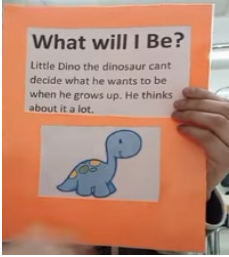




### 2. The trash collector removes trash.



**\*Modify the sentences as needed to scaffold according to child.**

<b>Theme:</b> (3) Friends <b>Week:</b> (4) Friends with Helpful Hands	<b>Readiness Skill</b> <b>Literacy Must Do's: Sing the ABC Song</b>	<b>Family Connection</b>	<b>Nursery Rhyme/Song</b>	<b>Enrichment Activities</b>	<b>Special Needs Adaptations</b>
--	--	--------------------------	---------------------------	------------------------------	----------------------------------

**Literacy**

<b>Wonderful Words of the Week:</b>	<b>Readiness skills:</b>	<b>Family Connection</b>	<b>Nursery Rhyme/s:</b>	<b>Enrichment Activities</b>	<b>Special Needs Adaptations</b>
<p>Mail Carrier Trash Collector</p> <p><b>Language Enhancement: (Use sign language for vocabulary words)</b> Use your classroom mascot to encourage participation and language opportunities as you interact with the child/children.</p>	<p><b>Title of Story:</b> "What Will I Be?"</p>  <p><b>Read A Loud Tips:</b> Use hand motions, different tones, and pitches in your voice to tell the story. Intonations: Deep Voice, Medial Tone, and High Pitch sound.</p> <p><b>Discussion:</b> You will show children the flash cards and explain what each helper does. Then begin to read the story "What will I be?" while asking questions throughout the book to encourage children to participate.</p> <p><b>Learning Outcomes:</b> This week children will learn about community friends with helpful hands: mail carrier, courier, and trash collector.</p> <p><b>Learning Goals: (C.1.a.)</b> Listen with interest to language of others.</p>	<p><b>Parents as Partners Letter #12</b> Theme 3/Week4</p>  <p><b>Did You Know?</b> Social skills are not innate. They have to be intentionally taught. Children learn to say please and thank you by listening to us and hearing our reminders. They learn how to listen when someone is talking and not interrupt by the same means. Language and social skills are best learned by example.</p> <p><b>Try It Out:</b></p> <ul style="list-style-type: none"> <li>Encourage your child to smile, say "hi," and make eye connections with other children. Give her words and phrases to use like, "What's your name?" or "Where do you live?"</li> <li>Be a good role model. Be friendly when mixing with others. Say "please" and "thank you" when appropriate. Smile.</li> <li>Role-play good table manners. Encourage your child to say "May I be excused?" and "May I have more, please?"</li> </ul>  <p><b>Family Game:</b> "Neighborhood Walk"</p> <p>Take a walk around the local neighborhood in search of mail carriers, couriers, and trash pick-up services. Call attention to mailboxes or door slots and garbage storage areas.</p> 	<p><b>Community Helpers</b></p> <p><b>Entrance Song:</b> <b>Hello!</b></p> <p><b>Closing Song:</b> <b>Bye Bye Goodbye</b></p>	<p><b>Activity Title:</b> "Thank You Letter"</p>  <p><b>Materials:</b> -An envelope -Pencil -Colors -Markers -Paper</p> <p><b>Procedure:</b> Motivate the child to write a letter to a family member and send it in the mail. If the child still can't write, let him or her scribble and help him or her write.</p>	<p>Reading a book over 3 pages can cause a little fatigue in certain children so we recommend reading the book in parts and asking the child simple questions so as not to tire him or her out and cause some kind of frustration.</p>

**Vocabulary**

 mail carrier cartero/cartera	 letter carta
 package paquete	 delivery entrega
 courier mensajero	 trash collector basurero
 please por favor	 thank you gracias

**(D.1.a.)** Pays attention and exhibits curiosity in people and objects.  
**(C.1.d.)** Demonstrates receptive language and expressive language skills and communication strategies.

**Materials:**  
 -A dinosaur toy or print out "What Will I Be" Participation story found on Teacher Guide Curriculum Book Theme 3 Pg. 47.



**Procedures:**

1. Teacher will read the story, "What will I be?"
2. Encourage the child to stand looking at teacher so they can see her actions.
3. Read the story and encourage children to follow your lead.

**Questions:**

- 1. Before:** Would you like to see what is on my box? Friends what would you like to be when you grow up? Can you tell me more about that? But why did you choose that?
- 2. During:** Do you know what an exercise is? Would you like to do an exercise with me? What is he doing? Can you tell me what they have in their heads? Have

you seen a police officer before?  
Where have you seen one? DO  
you know the sign language for  
mail carrier? DO you know how  
to make the sign language for  
trash collector? What does the  
trash collector do? Can you hug  
yourself? Do you know what  
teacher do?

**3. After:** What do you want to be  
when you grow up? Trash  
collector- what does he do?  
Mail carrier-what does he do?  
Are you ready to hear it?



**English YouTube Video:** 

**Spanish YouTube Video:** 

# Math

## Wonderful Words of the Week:

- Mail Carrier
- Letter
- Delivery
- Thank You

## Language Enhancement: (Use sign language for vocabulary words)



## Readiness Skill:

### Title of Activity:

"Color Envelopes"



### Learning Goals:

**(D.1.c.)** Shows interest in colors, shapes, patterns, and pictures.

**(D.1.h.)** Matches items that go together.

**(D.2.g.)** Learns and begins to use math concepts during daily routines and experiences.

**(D.3.a.)** Recognizes familiar people, places, and things.

### Learning Outcomes:

This week children will learn about community friends with helpful hands. These are people who come to our homes to provide a service: mail carrier, courier (Delivery Person), and trash collector.

### Materials:

- Color Markers/Crayons
- Color paper/Contraction
- Scissors
- Glue/Tape
- White paper

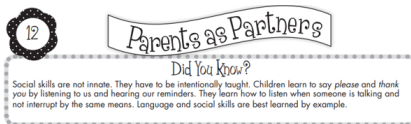
### Procedures:

1. Challenge children to sort the "Mail" envelopes with the corresponded color stamp.
2. With the white paper cut it in a rectangle shape (Envelope).
3. Write the word color in the middle (Red, Blue, Yellow).

## Family Connection

### Parents as Partners Letter #12

Theme 3/Week4



### Try It Out:

- Encourage your child to smile, say "hi," and strike up conversations with other children. Give her words and phrases to use like, "What's your name?" or "Where do you live?"
- Be a good role model. Be friendly when mixing with others. Say "please" and "thank you" when appropriate. Smile.
- Role-play good table manners. Encourage your child to say "May I be excused?" and "May I have more, please?"

We are learning some words in American Sign Language in our classroom. Practice using the signs for please and thank you.



### Family Game:

"A Letter to Santa"



### Materials:

- Paper & Pencil
- Envelopes
- Stamps

### Procedure:

- How to send letters to Santa:
1. Santa's mailing address should be placed in the middle of the envelope. Letters can be addressed simply to SANTA CLAUS, but we prefer his official Postal Service address:  
SANTA CLAUS  
123 ELF ROAD  
NORTH POLE 88888
  2. Write your full name and address in the upper left corner.

## Nursery Rhyme/s:

[I Am the Postman](#)

### Entrance Song:

[Hello Hello](#)

### Closing Song:

[See You Later](#)

## Enrichment Activities

### Activity Title:

"Color Toss"

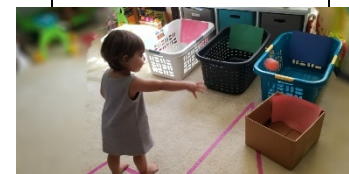


### Materials:

- Laundry Basket/Boxes
- Color Construction Paper
- Color Balls

### Procedure:

1. Label laundry baskets or boxes with construction paper. to match the colors of the balls.
2. Encourage child to toss the balls into the matching basket!



## Special Needs

### Adaptations

Learning to recognize color & color words in an important skill. You can make it simple by starting with primary colors first, then add secondary colors.

- Cut little square (Stamps) that match your word color envelopes.
- Showing the children how to match the correct color stamp on each envelope.

**Questions (Before, During, After):**

**1. Before:** Do you know what a mail Carrier does? How do we send a letter by mail? What does it need?

**2. During:** Where does the stamp go? What color is this Envelope? What stamp will it need?

**3. After:** How do you get your mail? Who will you send a letter too? What will you put in the letter?



English YouTube Video: 

Spanish YouTube Video: 

- Then, apply a first-class stamp in the upper right.

This is a great activity for the whole family can enjoy.

[Operation Santa 2020](#)



# Pretend and learn

## Wonderful Words of the Week:

- Mail Carrier
- Letter
- Delivery
- Thank You

## Language Enhancement: (Use sign language for vocabulary words)

Vocabulary

 mail carrier cartero/cartera	 letter carta
 package paquete	 delivery entrega
 courier mensajero	 trash collector basurero
 please por favor	 thank you gracias

## Readiness Skill:

### Title of Activity:

"I Want to Be a Mail Carrier"

## "I want to be a mail carrier"



### Learning Goals:

**(B.3.a)** Develops the inclination and ability to communicate, pay attention, and respond appropriately to others.

**(D.3.d)** Develops and demonstrates the ability to remember and connect new and known experiences and information.

**(D.5.b)** Develops an ability to be creative and expressive through a variety of activities, such as pretend play, art, and music.

### Learning Outcomes:

This week children will learn about community friends with helpful hands. These are people who come to our homes to provide a service: mail carrier, courier (Delivery Person), and trash collector.

### Materials:

- Construction paper
- Crayons/markers
- String
- Glue
- Tape
- Paper
- Stickers

## Family Connection

### Parents as Partners Letter


#12

Theme 3/Week4

**Did You Know?**  
Social skills are not innate. They have to be intentionally taught. Children learn to say please and thank you by listening to us and hearing our reminders. They learn how to listen when someone is talking and not interrupt by the same means. Language and social skills are best learned by example.

**Try It Out:**  
•Encourage your child to smile, say "hi," and strike up conversations with other children. Give her words and phrases to use like, "Hi! How are you?"  
•Use a good role model. Be friendly when mixing with others. Say "please" and "thank you" when appropriate.  
•Praise good table manners. Encourage your child to say "After I be excused?" and "May I have more, please?"

We are learning some words in American Sign Language in our classroom. Practice using the signs for please and thank you.



### Family Game:

"Mail Carrier"



You can play this game with more family members. Sing the song "You know the mailman" (to the beat of the song "The Confectioner") sing a line and when you stop saying the word "Mailman" and everyone stops; then return to sing other lines and stop and say "Mailman" and everyone stops. You will see how everyone's interaction at the time of singing will surprise your baby and make him/her excited.

Lyrics of the song:

Do you know the Mail Carrier, the Mail Carrier,

## Nursery Rhyme/s:

[Community Helpers](#)

### Entrance Song:

[Good Morning](#)

### Closing Song:

[Bye Bye Goodbye](#)

## Enrichment Activities

### Activity Title:

"Writing a Letter"



### Materials:

- Paper sheet
- Envelope
- Colors
- Decals
- Pen

### Procedure:

1. On the sheet of paper write a letter to our friend the garbage collector, send him a greeting from your baby.
2. You can thank them for their work and put up some stickers.
3. Once you are done, write on the envelope who sent the letter (baby's name or any other name). Also write who it is for (Mr. Collector).
4. For the stamp use a sticker. While making the letter, talk with your baby about the person who collects the garbage, the importance of their work and what the truck that collects the garbage is like.

## Special Needs Adaptations

Talk to your baby about the postman, what he does and the importance of his job.

You can use pictures of the postman, the postman's bag, and the transport you use.

	<p>-Scissors</p> <p><b>Procedures:</b></p> <ol style="list-style-type: none"> <li>1. Introduce who is a postman and what he does. She mentions that the postman receives and delivers a letter, what they do in the mail, how they organize the mail, their uniform and what they wear, also what they use for transportation.</li> <li>2. Develop what we need to pretend to be a postman: Postman's bag, letters, and packages.</li> <li>3. Using two sheets of construction paper of any color, place them in a horizontal position (lengthwise) and with glue, join the sides and the bottom, pretending to make a bag.</li> <li>4. Then place adhesive tape on the top of both sheets (above) separately, in order to prevent the little one from being cut.</li> <li>5. Choose one side of the papers to be your forehead and draw a postman or a letter, or if possible, you can write the postman.</li> <li>6. Then using yarn or any cord, cut a piece of the most comfortable size for you and place it in the postman's bag. You can place the yarn on each edge and tape it down, or you can pierce the edges, thread the yarn over, and tie a knot.</li> <li>7. For the letters you can use paper of the desired color and with the colors or markers, draw what you like and fold it in half, then using the colors or markers you can put who the letter is for and whose it is, or just draw and put your decal in a corner (we'll pretend it's our stamp).</li> <li>8. For the package, you can take a toy and turn it into paper. Tape it so that it does not come apart. In the same way you can put for who it is, from whom or draw and put your decal.</li> </ol>	<p>the Mail Carrier; do you know The Mail Carrier that lives in Drury Lane? Yes, I know the Mail Carrier, The Mail Carrier, The Mail Carrier. Yes, I know The Mail Carrier That lives in Drury Lane.</p> <p>Do you know the Mail Carrier, the Mail Carrier, the Mail Carrier; do you know The Mail Carrier, that lives in Drury Lane? Yes, I know the Mail Carrier, The Mail Carrier, The Mail Carrier. Yes I know The Mail Carrier, That lives in Drury Lane.</p> <p>Do you know the Mail Carrier, the Mail Carrier, the Mail Carrier do you know The Mail Carrier, that lives in Drury Lane? Yes, I know the Mail Carrier, The Mail Carrier, The Mail Carrier. Yes I know The Mail Carrier, That lives in Drury Lane.</p>			
--	---	---	--	--	--

9. At the end put the letters in your bag.  
10. Imitate what a postman does: deliver packages and / or letters by taking them out of your bag to our friends or family, you can deliver them to themselves or put it in their mailboxes and receive packages and / or letters, and put them in your bag.

**Questions:**

**1. Before:** Do you know what a mail carrier does? What do they do? Have you visited the post office? When? What did you see?

**2. During:** What things does a mail carrier have? What do we need to pretend to be a mail carrier? What does the mail carrier use for transportation?

**3. After:** Do you remember what a mail carrier does? What did you learn today? What did we use when we pretended to be a mail carrier?



English YouTube Video: 

Spanish YouTube Video: 

# Art/Creativity Station

## Wonderful Words of the Week:

- Mail Carrier
- Letter
- Delivery
- Please
- Thank You

**Language Enhancement: (Use sign language for vocabulary words)**



## Readiness Skill:

### Title of Activity:

"Letter to My Friend"



### Learning Goals:

- (B.2.d.)** Shows awareness of relationships to family/ community/ cultural group.
- (B.4.f.)** Develops emerging skills in caring and cooperation.
- (D.5.b.)** Develops an ability to be creative and expressive through a variety of activities, such as pretend play, art, and music.

### Learning Outcomes:

This week children will learn about community friends with helpful hands. These are people who come to our homes to provide a service: mail carrier, courier (Delivery Person), and trash collector.

### Materials:

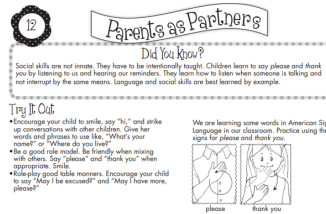
- Paper
- Crayons
- Items around the house to decorate (ex. Stickers)

### Procedures:

1. Talk about our friends with helpful hands.

## Family Connection

### Parents as Partners Letter #12 Theme 3/Week4



### Family Game:

"Paper Roll Paint"



### Materials:

1. Paper towel rolls
2. Papers
3. Paint (2 or 3 colors).

### Procedure:

1. Drizzle paint on papers.
2. Parent will demonstrate to the child how they will be using the paper towel roll by moving the roll up and down and side to side as many

## Nursery Rhyme/s:

[Postman](#)

### Entrance Song:

[Hello Song](#)

### Closing Song:

[Goodbye Friends](#)

## Enrichment Activities

### Activity Title:

"Post Office"



### Materials:

1. Cardboard box/ Shoe box
2. Scissors
3. Crayons
4. Paper
5. Stickers
6. Envelopes

### Procedure:

1. Explain to the child that he/she will be playing "Post Office" and explain what a mail carrier does and where the letter can be put into to get mailed out.
2. Create a mailbox by cutting a slot enough for the letter to fit into the cardboard box/ Shoe box with scissors.
3. Create a letter by letting the child scribble on the paper and placing stickers for decoration.
4. Once done decorating the letter, fold it and place it in an envelope and ask the child who they want to mail the letter to.

## Special Needs Adaptations

Always keep in mind that a child's exploration and discovery experience is far more valuable than a result or product. Based on a toddler's age, adjust your expectations for task completion. Accept all attempts. Children will engage in activities at whatever level they are capable.

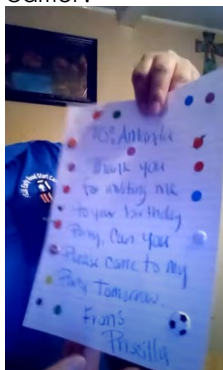
2. Explain the different ways our friends help us.
3. Explain what happens after a letter is mailed.
4. Show the children what a mailbox looks like.
5. Next time you see a mail carrier, introduce the mail carrier to your child and explain how they help us with the mail.
6. Write a letter to a friend.
7. Decorate the letter.
8. Mail the letter.

**Questions:**

**1. Before:** What is a letter? Who have you written a letter to? Who picks up our letters?

**2. During:** What are mail carriers? Who do you think we should write a letter to? Where do we send a letter?

**3. After:** What did we learn today? Where does the mail carrier pick up our letter from? Why do you think we should thank a mail carrier?

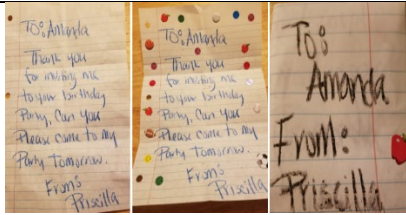


times as desired, after or during demonstration child will follow.  
3. When finished you will be left with a work of art.



5. Have the child put it in the mailbox and then pretend to be a mail carrier and deliver the mail to the desired person.





English YouTube Video:



Spanish YouTube Video:



# STEAM Building Structures

## Wonderful Words of the Week:

Mail Carrier  
Couriers  
Trash Collector

**Language Enhancement:**  
(Use sign language for vocabulary words)



## Readiness Skill:

**Title of Activity:**  
"Pom-Pom Run"



## Learning Goals:

**(B.3.e)** Begins to learn and internalize rules, routine, and directions.  
**(D.1.d)** Makes things happen and watches for results and repeats action.  
**(B.2.d)** Shows awareness of relationships to family/community/cultural groups.

## Learning Outcomes:

This week children will learn about community friends with helpful hands. These are people who come to our homes to provide a service: mail carrier, courier (Delivery Person), and trash collector.

## Materials:

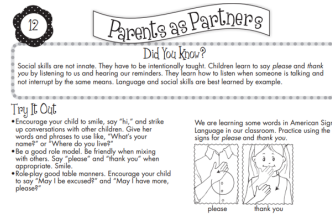
- Paper towel tubes
- Painter's Tape
- Pom-poms

## Procedures:

1. Gather as many paper towel tubes as possible.
2. The tubes will be placed on wall using painters'

## Family Connection

**Parents as Partners Letter #12**  
Theme 3/Week4



## Family Game:

**Title:**  
"Scavenger Hunt"



## You Will Need:

- Recyclable items like bottles, plastics, various paper items and so on.
- Pen
- Paper

## Procedure:

1. This scavenger hunt requires children and family members to find recyclable items. Make a list of all the recyclable items that the players have to find. You can even assign a time limit for the task. 30 minutes would be more than enough.
2. Alternatively, children and family members can go through a pile of recyclable items and ask them to get one

## Nursery Rhyme/s:

[Garbage Truck](#),  
[Fire Truck](#),  
[Police Car](#),  
[Ambulance](#)

**Entrance Song:**  
[Hello Song](#)

**Closing Song:**  
[Goodbye Song](#)

## Enrichment Activities

**Activity Title:**  
"Construction of Recyclables"



## Materials:

-Recycled paper (tubes of napkins and toilet paper, grocery bags, boxes)

## Procedure:

1. Gather your recycled paper.
2. Explain to the child that everything is garbage that will be recycled to be used for building.
3. Sit down with the child and use the recycled materials to build.
4. Allow the child to build whatever he wants and provide help if asked.
5. Use your imagination to build!
6. At the end you can take a picture of the building and talk about it.



## Special Needs Adaptations

Some small children still won't talk much. Encourage them to repeat the words. If the child does not speak, sign language can be used to motivate the child to repeat the sign. Show hand over hand first. Young children are still developing fine motor skills. Offer help when they need it. Remember that when you ask questions, give the children time to answer.

tape. The child should choose where he or she wants the pom-pom to land and try and place the tubes to work towards that goal.

- Once the tubes have been placed the child will grab pom-pom and place it on top of the tube.
- Child and parent/caregiver will observe how the pom-pom moves where it lands.
- Child can repeat and see if the same thing happens.
- Child is using a scientific method to observe their experiment.

**Questions:**

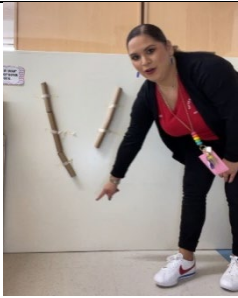
- Before-** Who are our friends with helpful hands? Do you know who the trash collector is? Do you happen to know what happens to the trash from your house?
- During-** Do you what recycling is? Where do you think the pom-pom are going to end up? What do you think is going to happen when I let go of the pom-pom?
- After-** What did we learn today? Do you remember what a trash collector does? Why should we say please and thank you to our trash collector?

of each item. It won't just educate them on what can be recycled but will also make them consider things that may not have actually been recyclable.

- The player who manages to collect the greatest number of recycled items will win.

**Let's talk about:** Once you have completed this activity it is important to talk to children/family members about our trash collectors. Talk to children on why it is important to recycle and how recycling helps our trash man take less trash to our landfills.





**English YouTube Video:**



**Spanish YouTube Video:**



# Social Emotional Development

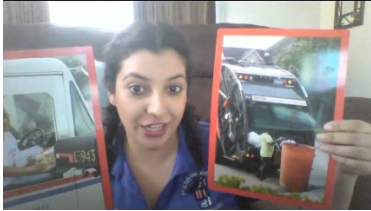
**Wonderful Words of the Week:**  
Mail Carrier  
Trash Collector

**Language Enhancement:**  
(Use sign language for vocabulary words)



**Readiness Skill:**

**Title of Activity:**  
"Let's Sing a Mail Carrier Song"



**Learning Goals:**

**(B.3.f)** Develop the inclusion and ability to communicate pay attention and respond appropriately to others.  
**(B.4.a)** Shows interest and awareness of others.

**Learning Outcomes:**

*This week children will learn about community friends with helpful hands. These are people who come to our homes to provide a service: mail carrier, courier (Delivery Person), and trash collector.*

**Materials:**

-picture cards of mail carrier and trash collector.  
-song "Mail Carrier Dressed in Blue"  
From Teacher Guide Curriculum Book Theme 3 Pg. 38.

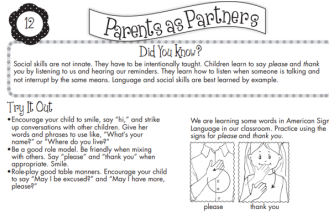
**Mail Carrier Dressed in Blue**

Here comes the mail carrier dressed in blue,  
*(point to shirt and pants)*  
He's bringing the mail to me and you.  
*(point to yourself and a friend)*  
Sometimes he walks from door to door,  
*(walk in place)*  
Delivering mail is quite a chore.  
*(wipe forehead)*  
Sometimes he drives a small white truck  
*(pretend to steer truck)*  
And delivers mail through rain and muck.  
*(wiggle fingers to indicate rain falling)*  
Sometimes he brings a letter for me.  
*(point to self)*  
Which makes me shout "hooray, whoopee!"  
*(wave arms in the air)*

**Procedures:**

**Family Connection**

**Parents as Partners Letter #12**  
Theme 3/Week4



**Family Game:**

"Which Hand?"



**Materials:**  
-Envelope

**Procedure:**

1. Hide an envelope behind your back.
2. Ask a child to guess which hand it is in.
3. Play the game for as long as little ones are interested.



**Nursery Rhyme/s:**  
[Postman](#)

**Entrance Song:**  
[Hello!](#)

**Closing Song:**  
[See you later, alligator!](#)

**Enrichment Activities**

**Activity Title:**  
"Just for You"



**Materials:**

Paper  
Crayons  
Markers  
Stickers  
Envelope

**Procedure:**

Using the materials from the list create postcards (or note cards) to each member of the family saying why are you thankful for or just by drawing a family picture.



**Special Needs Adaptations**

As an adaptation for this activity the child can follow with only the hand movements, clapping, moving side to side or just singing along.

1. The teacher will go over the three community helpers and talk over what they do and how they help us.

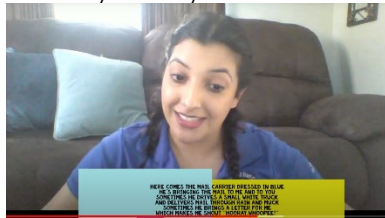
2. The teacher will sing the "Mail carrier dressed in blue" song the child will sing along and so the hand movements indicated by the book to follow.

**Questions (Before, During, After):**

**1. Before:** Do you, know what job does a mail carrier do? how about a trash collector?

**2. During:** Do you know what color is the mail carrier uniform? How do you think the mail carrier deliver your mail?

**3. After:** Can you tell me which community helper was your favorite? And why was it your favorite?



**English YouTube Video:**



**Spanish YouTube Video:**



# Physical Development

## Wonderful Words of the Week:

Trash Collector  
Letter  
Thank You

**Language Enhancement:**  
(Use sign language for vocabulary words)



## Readiness Skill:

**Title of Activity:**  
"Recycle Paper"



### Learning Goals:

**(A.2.a.)** Develops control of large muscles for movement, navigation, and balance.

**(A.3.c.)** Coordinates eye and hand movements

**(D.1.g.)** Develops knowledge of the natural environment in the outdoor area of the program

**(E.2.a.)** Demonstrates persistence in learning and discovery.

### Learning Outcomes:

*This week children will learn about community friends with helpful hands. These are people who come to our homes to provide a service: mail carrier, courier (Delivery Person), and trash collector.*

### Materials:

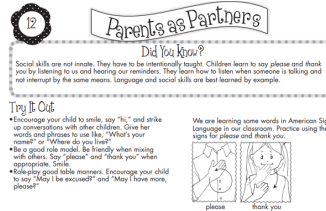
- Crumple Paper
- Trash Can
- Throwing Line (Ex: Masking Tape, broom, String etc.)

### Procedures:

1. Crumple recycle paper into balls.
2. Create a throwing line using masking tape.
3. Invite the child to stand behind the line and toss paper balls into a

## Family Connection

**Parents as Partners Letter #12**  
Theme 3/Week4



### Family Game:

"Get Rid of the Balls"



### Materials:

- Two Chairs
- Blanket
- Small Balls

### Procedure:

Create a line between the two sides of the room by stretching a large sheet across with two chairs. The object of the game is to get all the balls over the sheet and into the other player's side. Meanwhile, your opponent is trying to dump all the balls back onto your side. The importance of this game is to have FUN, not to have a winner.

## Nursery Rhyme/s:

[Clean Up, Trash Song](#)

### Entrance Song:

[Hello, Hello](#)

### Closing Song:

[See You Later!](#)

## Enrichment Activities

### Activity Title:

"Cardboard Box Basketball"



### Materials:

- Diaper Boxes
- Small Balls

### Procedure:

Recycled a diaper box into a basketball box game that rolls the ball back to you.

1. Cut the flaps off the top of the box.
2. Cut a hole near the bottom of the box.
3. Use the cardboard flaps to build a little ramp inside the box for the balls to roll down. Easy!

## Special Needs Adaptations

Encourage children to keep on trying to get crumpled paper balls into trash can. If the activity is too easy, move the trash can a little further from the throw line. Make activities challenging but achievable.

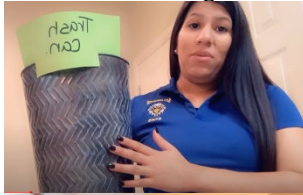
trash can. 4. Point out that paper can be recycled.  
5. Discuss how recycling is a good idea because it frees up spaces in the dumps for other trash and it also saves trees.

**Questions (Before, During, After):**

**1. Before:** What do we use this for? (Trash Can). Where do you throw your trash? Do you know how picks up your trash?

**2. During:** How many paper balls can I you make inside the trash can? Is this litter? What can we do to help the environment?

**3. After:** How will you help our environment? What color is your trash can? Do you know why some are blue & other green?



English YouTube Video:



Spanish YouTube Video:



# Music and Movement

**Wonderful Words of the Week:**

- Trash collector
- Mail carrier
- Delivery person

**Language Enhancement:**  
(Use sign language for vocabulary words)

Vocabulary

 mail carrier cartero/cartera	 letter carta
 package paquete	 delivery entrega
 courier mensajero	 trash collector basurero
 please por favor	 thank you gracias

**Readiness Skill:**

**Title of Activity:**  
"Friends with Helping Hands"



**Learning Goals:**

**(B.3.F.)** Develops the inclination and ability to communicate, pay attention, and respond appropriately to other. **(B.3.e.)** Begins to learn and internalize rules, routines, and direction. **(B.3.a.)** Shows ability to cope with stress.

**Learning Outcomes:**

Tell children that this week will be learning about people with helpful hands. These are people who come to our homes to provide a service: mail carriers, couriers (delivery persons) and trash collectors.

**Materials:**

- Photos of:
- trash collector
- mail carrier
- delivery person
- Song: ["Throw Your Waste in the Garbage"](#)

**Family Connection**

**Parents as Partners Letter #12**  
Theme 3/Week4

**Did You Know?**  
Social skills are not innate. They have to be intentionally taught. Children learn to say please and thank you by listening to us and hearing our reminders. They learn how to listen when someone is talking and not interrupt by the same means. Language and social skills are best learned by example.

**Try It Out:**

- Encourage your child to smile, say "hi," and strike up conversations with other children. Give her words and phrases to use like, "What's your name?" or "Where do you live?"
- Be a good role model. Be friendly when moving with others. Say "please" and "thank you" when appropriate. Smile.
- Model good table manners. Encourage your child to say, "May I be excused?" and "May I have more, please?"

We are learning some words in American Sign Language in our classroom. Practice using the sign for please and thank you.

**Family Game:**



**Materials:**

- poster board
- marker
- masking tape or glue
- magazine cutouts of recycling materials such as: metal, paper, glass, organic materials.

**Procedure:**

1. Draw a line in the middle of the poster board and label each side with the words "recycle" on the left side and "garage" on the right side.
2. Cut out pictures from newspapers or magazines of recycling materials such as: metal, paper, glass, organic materials.

**Nursery Rhyme/s:**  
["Throw Your Waste in the Garbage"](#)

**Entrance Song:**  
[Hello!](#)

**Closing Song:**  
[Goodbye to You!](#)

**Enrichment Activities**

**Activity Title:**  
"When I was Walking Down the Street"



**Materials:**

- song lyrics
- When I was Walking Down the Street (Tune: "Marry Had A Little Lamb")

When I went walking down the street,  
Down the street, down the street,  
A community friend I did meet,  
Heigh ho, heigh ho, heigh ho!

A ridgety jig and away we go,  
Away we go, away we go,  
A ridgety jig and away we go,  
Heigh ho, heigh ho, heigh ho!

**Procedure:**

1. Sing the song.
2. Let the child choose a member of your family to dance with.
3. Time to dance!

**Special Needs Adaptations**

Kids with late motor development may have a little bit of a complication when doing some of the activities, but challenge it and challenge them to do them as emotional support is one of the most important things as it conveys trust and safety support.

**Procedures:**

1. The teacher will begin to explain what trash collector, mail carrier, and delivery person does for our community by showing pictures.
2. Invite the children to sing along to song "[Throw Your Waste in the Garbage](#)".
3. Teacher will be going to explain how the children can be friends with helpful hands for the week by using bags to help pick up trash from around the house so the trash collector can take it to the appropriate place.

**Questions (Before, During, After):**

- 1. Before:** Do you boys and girls know what a mail carrier is? Have you ever seen you mom open a letter? Do trash collectors pass by your house during the week?
- 2. During:** Have you boys and girls met a mail carrier before? What color do you think the mail carriers' truck is? Do you think the truck is big or small?
- 3. After:** How can we be a friend with helpful hands? Where should we put our trash when we need to throw something away? What color is the truck and how many people usually are in the truck?



3. Glue the picture in the corresponding space.

Name: \_\_\_\_\_

### Sorting Trash

Cut the pictures at the bottom and paste them in the right category.

Recycle	Garbage



English YouTube Video:



Spanish YouTube Video:

